GENERAL INFORMATION FOR FOREIGN VISITORS COMING TO CIBNOR

Location

Address:

Centro de Investigaciones Biológicas del Noroeste, S.C. Km. 1 Carretera a San Juan de La Costa "EL COMITAN" Apdo. Postal 128 La Paz, BCS 23097, México

CIBNOR has a liaison office, conveniently located in the city of La Paz in order to make document reception easier and to provide a better service.

Liaison Office, La Paz

(Fiscal & mail address)

Instituto Politécnico Nacional 195 Playa Palo de Santa Rita Sur,

La Paz, Baja California Sur.

C.P. 23096

A.P. 128

How to get to CIBNOR?

CIBNOR is located 20 kilometers north of the city of La Paz, near the southern tip of the Baja California peninsula in Mexico. The city was founded by Hernán Cortes in 1535.

La Paz has a population of approximately 260,000, and clean and calm beaches. Temperature in the region varies from 24° C during the day in the winter season and up to 40° C during the summer. As capital of the State of Baja California Sur, and in spite of its geographical isolation, it has air, land, and sea transportation.

Main communication services are:

By plane:

La Paz has flights connecting to different national and international cities in its International Airport "General Manuel Marquez de León". The servicing Mexican airlines are: Alma de México, Aeroméxico Connect, Volaris, Viva Aerobus, and Alaska Airlines.

Also the International Airport of Los Cabos in San José del Cabo is located approximately 180 km south of La Paz with connections to the United States and Mexico. The airlines that provide services in this airport are: Alma de México, Aeroméxico, Aeromexico Connect, Volaris, InterJet, Alaska Airlines, American Airlines, and US Airways.

By ship:

Sea transportation is provided by Baja Ferries www.bajaferries.com to different port destinations in Mexico:

Mazatlán, Sin. - La Paz, B.C.S. - Mazatlán, Sin. Topolobampo, Sin. - La Paz, B.C.S. - Topolobampo, Sin. Guaymas Son. - La Paz, B.C.S. - Guaymas, Son.

By highway:

The Transpeninsular Highway in the Baja California peninsula connects La Paz with the cities of Ensenada, B.C., Tijuana B.C. and Mexicali B.C. to the north, these two last ones bordering the United States, and to the south with the Municipality of Los Cabos (Cabo San Lucas and San José del Cabo).

GENERAL INFORMATION

Average climate

Month	Max. Temp. (C))	Min. T	emp. (C)
January	22		12	
February	24		12	
March	26		13	
April	29		15	
Мау	31		18	
June	33		18	
July	35		23	
August	35		23	
September	34		23	
October		32		20
November	28		16	
December	24		13	

<u>Banks</u>

Bank offices are located mainly in the downtown area of La Paz. Major credit cards are generally accepted with the exception of American, which is not honored in some establishments.

Restaurants

There are many restaurants in La Paz that offer Mexican and international food. Some local dishes are: lobster, machaca (finely shredded dried meat), marlin meatballs, stuffed 'chocolata' clam, and fish, oyster, scallop, and shrimp tacos.

Medical Insurance

We recommend that you get your health insurance in your state and / or country of origin in case you require medical service.

TOURISM



The major attraction of La Paz lies on its beaches, all extremely beautiful with low gradient and soft white sand. For sun tanning the best ones are located along the highway to Pichilingue (Ferryboat Terminal). Some of these beaches include services such as, palm shelters, W.C., restaurants, bars, and aquatic sport rentals. Along the way, only a few minutes from La Paz, is La Concha, an old and charming beach resort. Further north is Costa Baja, a very new resort and marina.

The Island of Espíritu Santo is the closest one to the bay of La Paz and the most beautiful of all the islands in the Sea of Cortés. The contrasts of the reddish color of its limestone, the turquoise of its sea, and its beautiful sunsets make it an impressive view. A day on a charter boat can include snorkeling, scuba, and kayaking; a recommended experience for those bringing their families for an added vacation.



Desert Visits

La Paz is surrounded by an exceptionally rich desert. The desert is a fragile ecosystem with abundant vegetation and animal life. It contains unsuspected richness to those that have not been in contact with deserts. High day temperatures, low night temperatures, and scarce precipitation affect desert life. Nevertheless, it is the ideal habitat for hundreds of species. At first sight, the desert may seems a solitary place, but as one carefully observes, one discovers birds (such as the turkey vulture, osprey, roadrunner, woodpecker, peregrine falcon, numerous shore birds, and colorful ones like orioles and cardinals); reptiles (such as snakes, lizards, iguanas, turtles); mammals (such as desert mouse, squirrel, coyote, fox), and a wide variety of insects and spiders of unique beauty. The variety of cacti, with its colorful flowers and fruits, birds, and reptiles is an invitation to walk and explore this natural landscape. At this time of year, the rainy season is over, but the green lingers on and seems so unusual for such a dry region.

Other travel possibilities

If you have time and rent a car, other places of interest include:

Todos Santos, thriving tourist town close to the Pacific Ocean. (1.5-hour drive). El Triunfo, old gold-mining town, restored and refurbished. (1-hour drive). El Serpentario, small, but interesting zoo devoted to snakes and reptiles (in La Paz). San Juan de la Costa, abandoned mining town past CIBNOR. The drive is interesting. (1-hour drive).

The Cacti Sanctuary is located in the Common Land of El Rosario, 45 minutes from La Paz by Highway 1 South to El Triunfo and 10 min by dirt road. The Cacti Sanctuary is a natural reserve of 50 hectares that includes a park of 6 hectares in its initial stage. This stage is a sample of natural life, characteristic of the desert area of La Paz. It is the ideal site to understand this type of ecosystem because apart from cacti, one can observe other plants and animals. Through its pathways one can find self-guided tours with information on the species of plants and animals and their interactions.



Corporate Rates 2010

Lodging is paid by the participant. Here are some corporate fees honored for CIBNOR. Please inform the hotel clerk, at the moment of your reservation, that you are attending a CIBNOR event to get this corporate fee.



Fee

Contact/Reservations

Suite Delfín \$1,128.60 M.N. For 1- 2 persons

Suite Marlín \$1,504.80 M.N. For 1- 3 persons

Suite Master \$3,573.90 M.N. For 1-6 persons La Paz, B.C.S., México

Suite Presidencial \$4,32630 For 1-4 persons

Includes: Wireless Internet, business center, sauna, gym, squash, jacuzzi, and parking.

Does not include tax

Tel: (612) 124-0830 up to 36

Fax: (612) 124-0837 Méx: 01-800-0099900 U.S.A.: 1-800-2CROWNE Suite Dorado \$2,031.48 M.N. For 1-5 persons Lote "A" Marina Norte Fidepaz

P.O. Box 482

E-mail: reservations@grandplazalapaz.com

http://www.grandplaza.com/



Contact/Reservations

Fee

Standard room

\$800.00 M.N. (1-2 Persons)

Extra person: \$100.00 M.N.

Junior suite \$ 1,170.00 M.N.

Master suite \$ 1,850.00 M.N.

Includes: taxes, welcome cocktail, Wireless

Internet.

Tel: (612) 121-6254 Fax: (612) 121-6177 Mex: 01-800-68588000 U.S.A.: 1-800-8261138 Km. 2.5 Carretera a Pichilingue

A.P. Box 194

La Paz, B.C.S., México

E-mail: reservaciones@hotelmarina.com.mx

http://www.hotelmarina.com.mx

Hotel Araiza Inn Palmira

Fee Contact/Reservations

Executive room: \$795.00 M.N. (1-2 Persons) Tel: (612) 121-6200

Standard Superior: \$819.00

Junior Suite: \$ 995.00

Charges for extra person, per night: \$100.00 México: 01800 0265444

Includes: taxes. Wireless Internet, and gym

*No tax included

Tel: (612) 121-6200 Fax: (612) 121-6218 Blvd. Álvaro Obregón s/n C.P. 23010

La Paz, B.C.S., México

Canada and USA: 1 877 727 2492

E-mail: ventaspalåraizahoteles.com

http://www.araizainn.com



Fee Contact/Reservations

Standard room: \$880.00 M.N. (1-2 Persons)

Includes: Continental breakfast and taxes.

Méx: (612) 121-6344 Fax: (612) 125-6218

Km. 5 carretera a Pichilingue La Paz, B.C.S. México, C.P. 23010 E-mail: market14@prodigy.net.mx

http://www.laconcha.com/



Fee

Habitación estándar: \$ 792.40 M.N. (1-2

Personas)

Extra person: \$80.00

Includes: taxes

Contact/Reservations

Tel: (612) 122-0777 Méx: 01(800) 71 687 99 Fax: (612) 125-5363 USA 01(888) 2 42 37 57 Álvaro Obregón No. 1570

La Paz, B.C.S. México, C.P. 23000

E-mail: reservaciones@hotelperlabaja.com

http://www.hotelperlabaja.com/



Fee

La Paz:

\$978.00 Standard room single or double \$1,377.00 Junior Suite.

Tax included

Contact/Reservations

Tel: (612) 128-7787 Álvaro Obregón #1710, esq. Lerdo de Tejada La Paz, B.C.S. México, C.P. 23010 E-mail: sevencrown@prodigy.net.mx http://www.hotelsevencrown.com

Hotel Hacienda Bugambilia



Fee

Standard room: \$ 670.00 M.N. (1 or

2 Persons)

Triple room: \$ 760.00 \$ 90.00 M.N. for extra person Maximum 4 persons per room

Tax included

Contact/Reservations

Tel: (612) 122-3088 Fax: (612) 125-0436 Aquiles Serdán No. 520

La Paz, B.C.S. México, C.P. 23000

E-mail: info@haciendabugambilia.com.mx http://www.haciendabugambilia.com.mx

FEES FOR OUT-OF-TOWN HOTELS



Fee

Cabo San Lucas:

\$978.00 Standard room single or double \$1,246.00 Junior Suite.

Tax included

Contact/Reservations

Make reservations in La Paz, B.C.S.

Tel: (612) 128-7787

Álvaro Obregón #1710, esq. Lerdo de Tejada

La Paz, B.C.S. México, C.P. 23010 E-mail: sevencrown@prodigy.net.mx http://www.hotelsevencrown.com

Hotel de México



Contact/Reservations

Fee

Standard room \$ 100.00 USD (1-2 Persons)

Single with breakfast buffet \$105.00 USD (1 person)

Double with two breakfast buffets \$120.00 USD

Single or double in executive floor \$150.00 USD

Ambassador Suite \$210.00 USD

Governor Suite \$290.00 USD

Includes: gym, transportation Hotel-Airport, previous reservation in established schedule and subject to availability, Wireless Internet. The fees on the executive floor include continental breakfast and access to the plaza Club Floor.

Cd. de México: 01 800 000 04 04

Tel: 01 (55) 1164 1164 Ext. 3007, 3008 ó

4008

Dakota #95, esq. Altadena, México, D.F.

c.p. 03810, México, D.F.

E-mail: jlsmithers@hotelmexico.com http://www.ichotelsgroup.com/



Fee Contact/Reservations

Standard room \$ 963.90 (1-2 Persons)

Tax included

Cd. de México: 01 800 00 SEVILLA

Av. Paseo de la Reforma #105, Col. Tabacalera, Delegación

Cuautemoc México, D.F.

E-mail: jlsmithers@hotelmexico.com

http://www.sevillapalace.com.mx/sevillapalace/esp/default.asp



Contact/Reservations

Fee

\$490.00 Single standard room \$550.00 Room for two persons

\$610.00 Room for 3 persons

\$670.00 Room for 4 persons

Tax included

Reservations:

Tel: (55) 5525-0388 5208-8634 5525-0389

01-800-504-5787

Av. Chapultepec #328, Col. Roma, entre Oaxaca y

Monterrey

C.P. 06700 Ciudad de México, Distrito Federal

Important Notice:

- 1. When making a reservation in hotels where CIBNOR is offered corporate fees, it is important to mention that you will be attending a CIBNOR event so the hotel can honor the corporate fees offered to our visitors and guests. Otherwise, general public fees shall apply.
- 2. Fees are subject to changes without further notice.